



Scientific Programme

38th Annual Conference

Theme: Professional well being of Anaesthesiologists

Pakistan Society of Anaesthesiologists, Karachi
Hotel Marriott Karachi – 28th – 29th April, 2018

PRE - CONFERENCE WORKSHOPS

Workshop	Venue	Date	Coordinator
Ultrasound guided Lower Limb Blocks	Indus Hospital	17 th April, 2018	Dr. Muhammad Riaz
Ultrasound guided Lower Limb Blocks	CHK	20 th April 2018	Dr. Jamil Akhtar
Epidural Analgesia in Obstetrics	JPMC	20 th April 2018	Dr. Shoaib Malik
One lung ventilation workshop	AKUH	21 st April, 2018	Dr. Irfan Akhtar
Interpretation of ABGs	LNH	22 nd April 2018	Dr. M. Sirajuddin
Airway Management	PNS Shifa	22 nd April 2018	Dr. Khan Yaqoob
BLS	Abbasi Shaheed	24 th April 2018	Dr. Syed Hamid Ali
Modes of Ventilation	NICVD	26 th April 2018	Dr. Aftab Khatri
Fiberoptic Intubation	Patel Hospital	26 th April 2018	Dr. Rabia Iqtdar

Day - I

Saturday 28th April, 2018

0830 - 0900	Assembly and Registration
0900 - 0915	Tilawat

0915-1100	Session I - Plenary Session	Chairpersons: Prof. Akhtar. W. Khan - SIUT Prof. Sakina Jaffery - ISB
0915 - 0917	Introduction	Prof. Fauzia Anis Khan - AKUH
0917 - 0937	Risks for anaesthesiologists	Prof. S. Tipu Sultan - SIUT
0937 - 0957	Stress and burnout syndrome	Prof. Fauzia Anis Khan - AKUH
0957 - 1017	Institutional responsibilities	Prof. Shahab Naqvi - ISB
1017 - 1027 1027 - 1037	Stresses in training (Residents talk)	Dr. Imran Khan - CHK Dr. Amin Kapadia - AKUH
1035 -1100	Panel discussion (Stresses in training)	Moderator: Dr. Hameed Ullah - AKUH
1035 - 1100	Panelist Residents: Dr. Vinod Kumar - TIH, Dr. M. Zahid Khan - LNH Consultants : Prof. Salman Waris - MUL, Dr. Akhtar Aziz Khan - TIH Psychologist/Psychiatrist : Dr. Narjis Asad - AKUH Hospital representative/administrator: Mr. Irfan Qadri - AH, Dr. Bilal Ahmed - CHK	

1100 - 1230	Session II - Updates in Anaesthesia Session	Chairpersons: Prof. Nighat Abbas - LNH Dr. Farhan Ahmed - UK
1100 - 1115	Updates in TIVA	Dr. M. Faheem - Ireland
1115 - 1130	Anaesthesia Outside OR: Challenge for Anaesthetist	Dr. Farjad Sultan - TIH
1130 - 1145	Transfusion trigger in surgical patient	Dr. Arshad Taqi - LHR
1145 - 1200	Perioperative management of patient with obstetric haemorrhage	Prof. Naveed Masood - AKUH
1200 - 1215	Preoperative evaluation of patient with IHD for non cardiac surgery	Prof. Rashad Siddiqui - ISB
1215 - 1230	Question Answer session	
12:30	Gathering for Inaugural Session	

1230 - 1315	Inaugural Session	
	Welcome Address	Prof. Zahid Akhtar Rao President, PSA Karachi
	General Secretary's Report	Dr. Syed Hamid Ali Gen. Secretary, PSA Karachi
	My Life	Prof. Syed Tipu Sultan Patron, PSA Centre
	Address by Guest of Honour	Prof. Nadeem Qamar Guest of Honour
	Address by Chief Guest	Prof. M. Ajmal Khan Chief Guest
	Distribution of Shields + Life time Achievement Awards	Prof. Zahid Akhtar Rao President, PSA Karachi
	Vote of Thanks	Dr. Diloo Raja Treasurer, PSA Karachi
1315 - 1400	Tea & Stretch Break	

1400 - 1500	Session III - Pros/Cons Debate Chairperson: Prof Shahida Khawaja - LHR Prof Iqbal Memon - ISB	Moderator: Prof. Safia Zafar - CHK
1400 - 1420	Sedation is routinely used in patient having surgery under regional anaesthesia [Pro]	Dr. Rafia Tabassum - NWB
1420 - 1440	Sedation is routinely used in patient having surgery under regional anaesthesia [Cons]	Prof. Naila Asad - LHR
1440 - 1445	Question Answer Session	
1445	Business Session (PSA Centre)	
1515	Lunch	

Day - II

Sunday 29th April, 2018

0900 - 0930 hours	BREAKFAST
0930 - 1000 hours	Session IV- Meet the experts Session Incharge: Dr. Nabeela Rafiq - KHI Dr. Muhammad Hamid - AKUH
1. Anaphylaxis in Peri-operative period Prof. Ismat Waseem, Prof. Aftab Imtiaz, Dr Robyna Irshad, Dr. Arshi Naz	
2. Local Anaesthetic Systemic Toxicity Prof. Anil Aslam, Dr. Naveed Akhtar, Dr. M Amim Anwar, Dr. S. Farjad Sultan	
3. Post-operative pain management in Paediatric patient Brig. Naseem Ahmed, Dr. Shoaib Malik, Dr. Aftab Khatri, Dr. Fahad Salim	
4. Recent Advances in Anesthesia for Bariatric Surgery Prof. Faiz Tareen, Brig. Zaheer Haider, Dr. Faisal Shamim	
5. CRPS "Complex Regional Pain Syndrome" Prof. Safia Zafar, Dr. Shemila Abbasi, Dr. M. Kashif Iqbal, Dr. Ausaf Khan	
6. Perioperative Analgesic techniques for thoracotomies Brig. Mubasher Ahmed, Dr. Irfan Akhtar, Dr. S.M. Nadeem, Dr. Zulfiqar Kaim Khani	
7. Pregnancy induced Hypertension Prof. S. Tipu Sultan, Prof. Nadeem Munir, Dr. Raj Kumar, Dr. Jatender W., Dr. Sarosh Razaqat	
8. Enhanced Recovery After Surgery Prof. Sadqa Aftab, Dr. Mukhtar A. Vikasi, Dr. Fauzia Ali, Dr. Kashif Anwar	
9. Optimizing the COPD patients pre-operatively Dr. Akhtar Aziz Khan, Prof. Masroor, Dr. Nadeem Naqvi, Dr. Srichand, Dr. Ali Asghar	
10. Acute Kidney Injury in ICU Dr Khan Yaqoob, Dr. M. Sirajuddin, Dr. Faisal Khan, Dr. Mujeeb Ahmed	
11. Emergency Obstetrics in peripheral hospital Dr. Zahid Selod, Dr. Hamid Ali, Dr. Hamid Raza, Dr. Ahmad Soomro	

GROUP PHOTOGRAPH

10.00 -1130	Session V Panel discussion	Moderators: Dr. Zahid Selod - KHI Dr Salman Saleem - MUL	Panelists
10.00-10.45	Intra-operative Blood Conservation Strategies	Prof. M. Saleh - NWB	Prof. Aliya Ahmed - AKUH Prof. Amjad Siraj - CHK Prof. Nasir Ahmed - Patel
10.45-1130	Regional anaesthesia for ambulatory surgery, the ideal technique for growing practice	Dr. Asif Gul Kiyani - ISB	Prof. Gauhar Afshan - AKUH Prof. Nur ul Haq - ASH Prof. Khalid Bashir - LHR

1130-1300	Session VI - UPDATES IN ICU SESSION	Chairpersons Prof. Younis Khatri - Ziuddin Dr. Fauzia Minai - AKUH
1130 - 1145	Point of Care Ultrasound in ICU	Dr. Farhan Ahmed - UK
1145 - 1200	WHO infection prevention control and anti microbial resistance (IPC & AMR)	Dr. Madiha Hashmi - AKUH
1200 - 1215	Traumatic Brain Injury	Prof. Zahid Akhtar Rao - KHI
1215 - 1230	Cardiomyopathy in obstetric patients	Prof. Sadqa Aftab – SMBBTC
1230 - 1245	Improving verbal communication in Critical Care Medicine	Dr. Riaz Shaikh - KSA
1245 - 1255	Use of antimicrobial catheters in prevention of CLABSI	Dr. M. Faisal Khan - AKUH
1255-1300	Tea/stretch Break	

1300-1330 Poster presentation	
Judges: Prof. Zahid Rao, Dr M Amim Anwar, Dr Farhan Ahmed, Dr. Muhammad Fahim	
Dr. Tasneem Ali CHK	To compare the frequency of shivering with warm versus cold bupivacaine used for spinal anesthesia in females undergoing cesarean section.
Dr. Barira Thanvi JPMC	Case Study Of Anesthesia Management Of Patient Who Underwent Cytoreductive Suregery And Hyperthermic Intraperitoneal Chemotherapy
Dr. Ramla Indher CHK	A Randomized Controlled Prospective Study Comparing A Low Dose Bupivacaine And Fentanyl Mixture To A Conventional Dose Of Hyperbaric Bupivacaine For Cesarean Section.
Dr. J Aneela TIH	One lung ventilation with difficult airway
Dr. Noor us Saba TIH	Timely communication and coordination can save lives: A case report
Dr. S Yahya SKMCH	Comparison of efficacy of Granisetron versus Ondansetron for prophylaxis of PONV in female patients undergoing Breast surgery
Dr. Iqra Jangda AKUH	Awake videolaryngoscopy for rare thyroid cancer with grade III goitre and ultra-tracheal subglottic mass

Session VII – Resident Free Paper Session 6 minutes talk each + 2 minutes for questions	Judges: Dr Muhammad Faheem-Ireland Prof. Amin Khuwaja - NICVD Dr. Farhan Ahmed - UK
Comparison between propofol-ketamine and propofol-fentanyl for sedation,analgesia and recovery in pediatric patients undergoing burns dressing change	Dr. Anum Mughal - CHK
Sedative and Analgesic Effects of Propofol-Fentanyl Versus Propofol-Ketamine During Endoscopic Retrograde Cholangiopancreatography: A Double-Blind Randomized Clinical Trial	Dr. Hanya Javaid - CHK
To compare the efficacy of prophylactic use of intravenous tramadol versus tramadol plus ketamine for prevention of shivering under spinal anaesthesia	Dr. Arsalan Jamil - CHK
Mortality and utilization of critical care resources amongst high-risk surgical patients at SKMCH&RC	Dr. S. Rehman - SKMCH
Outcome of patients with acute pancreatitis requiring intensive care admission. A retrospective study from a tertiary care center of Pakistan	Dr.Muhammad Nasir - AKUH
Safety of regional anesthesia for patients on concurrent anti-coagulant therapy	Dr. S Yahya - SKMCH
Bilateral Superficial Cervical Plexus Block (BSCP) in patients Undergoing Thyroid Cancer Surgery: A Randomized Clinical Trial	Dr. Najeeb H.N - SKMCH
PEC1 and PEC2 block versus Opioid Analgesia for post - operative pain control in patients undergoing mastectomies. A retrospective comparative review of cases.	Dr. Hasan Ali Shah - TIH

Parallel Session for Paramedics
“Teaching & Training of Paramedics”
1300 – 1500

Co-Chairpersons:
 Dr. Shabbir Jumani - KHI
 Dr. Najma Saeed - KHI
Secretary: Miss. Mehjabeen Rizvi

S.No.	Topic of Presentation 12 Min Q/ A 3 Min	Institution	Name of Presenter
01	Recent Advances in Prevention of AKI (Acute Kidney Injury) in Sepsis	SIUT	Ms Faiza Mohsin Physician Assistant
02	Infected Patient in Operating Room	AKUH	Mr. Waqar Ahmed
03	Barrier Nursing	CHK	Ms. Sadaf Hafeez
04	Safe Transportation of Critically ill Patient	SMBB Trauma Centre	Mr. Hassan Farooq
05	Recognizing Early Warning Sign for Patients Safety	LNH	Ms. Zohra Javaid
06	Ventilator Associated Pneumonia Bundle	NICVD	Ms. Sonia Yaqoob

Panel Discussion

Topic : Professional Values Attitudes and Behavior of Paramedics
Moderator : Miss. Madiha (Tabba Kidney Institute)
Time : 30 Minutes
Panelists : Dr. Najma Saeed (Senior Consultant Anaesthetist)
 Dr. Shabbir Jumani (Senior Consultant Anaesthetist)
 Mr. Samuel Nawab (AKUH)
 Mr. Haris ur Rehman (The Indus Hospital)

1450-1530	Prize Distribution & Lucky draw Business Session (PSA Karachi)
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1530	Vote of Thanks & Closing Ceremony
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1530	Lunch
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