



Pre – SAARCAA Satellite Academics
39th Annual Conference

Pakistan Society of Anaesthesiologists, Karachi

Theme: Role of Anaesthesiologists; Essential for Safe Surgery

February 2-3, 2019
Hotel Marriott, Karachi

INAUGURAL SESSION		Crystal Ballroom
Saturday February 2, 2019		9:00 – 9:45 am
PROGRAMME		
8:30 – 9:00 am	Registration & Assembly of guests	
Tilawat		
National Anthem	Islamic Republic of Pakistan	
Welcome Address	Prof. Safia Zafar Siddiqui President, PSA Karachi	
Gen. Secretary's Report	Dr. Syed Hamid Ali Gen.Secretary, PSA Karachi	
Address by Patron PSA	Prof. S. Tipu Sultan Patron, PSA Centre	
Address by Guest of Honour	Prof. Shahida Khawaja Patron, PSA Lahore & Chairperson Organizing Committee, SAARCAA - 2019	
Address by Chief Guest	Prof. Adrian Gelb Secretary, WFSA	
Distribution of Shields	Prof. Saeeda Haider Patron, PSA Karachi	
Vote of Thanks	Dr. Dillo Raja Treasurer, PSA Karachi	

Day - I

SCIENTIFIC SESSION Saturday February 2, 2019

Safety in Anaesthesia - I

Crystal Ballroom

Chairpersons: *Prof. Syed Tipu Sultan & Dr. Irfan Akhter*

9:45 – 10:50 am

An adequate and properly trained workforce is crucial for patient safety

Prof. Adrian Gelb

Minimum Monitoring Standards of Anaesthesia: Need of the hour for LMIC.

Prof. Fauzia Anis Khan

Accountability and Medico-legal Aspects of Anaesthesia Practice.

Mr. Sohail Kassamali

Tea Break & Opening of Exhibition

Crystal Ballroom

10:50 – 11:30 am

Safety in Anaesthesia - II

Crystal Ballroom

Chairpersons: *Prof. Qamar ul Hoda & Dr. Zahid Selod*

11:30 – 12:15 pm

Lancet Commission Report: Access to safe, timely, & affordable anesthesia care

Prof. Sadqa Aftab

WHO Surgical Safety Check List and barrier in implementation

Prof. Zahid Akhtar Rao

Standards of Safe Anesthesia Practice in Tertiary Care Hospitals of Pakistan -

A Cross sectional Survey

Prof. Gauhar Afshan

(on behalf of the survey group)

Question & Answer Session

Panel Discussion

Crystal Ballroom

12:15 – 1:30 pm

Safe Anaesthesia Practice in Pakistan : Deliberations and Reflections

Moderator: Dr. Robyna Khan

Panelists: Prof. S. Tipu Sultan, Prof. Fazal Hameed Khan, Prof. Saeda Haider,
Prof. Younus Khatri, Prof. Nighat Abbas, Prof. Naveed Masood
Dr. Akhtar Aziz Khan

Ultrasound for Anaesthesiologists; Pro- Con Session

Crystal Ballroom

1:30 – 2:30 pm

Moderator: Dr. Hameedullah

Ultrasound for every case of Central Venous Cannulation

Dr. Farjad Sultan : Pro

Dr. Mohammad Hamid : Con

Peripheral Regional Anesthesia using Ultrasound is preferable to General Anesthesia for extremity surgery

Dr. Aliya Ahmed : Pro

Dr. Rafia Tabassum : Con

Point-of-Care ultrasound training is mandatory for Anaesthesiologists in ICU

Dr. Faisal Khan : Pro

Dr. Adeel Ur Rehman : Con

Lunch

Marquee

3:00 – 3:30 pm

Day - II

SCIENTIFIC SESSION Sunday, February 3, 2019

Breakfast

Marquee
9:30 –10:00 am

Problem Based Learning Discussion (PBLD)

(2 cases to be discussed in each session)

Coordinators: *Prof. Sadqa Aftab & Prof. Gauhar Afshan*

Marquee
10:00 –11:00 am

Fractured hip surgery & elderly population : Anesthesia Options

Coordinators: Dr. Jamil Akhter, Dr. Faisal Shamim & Dr. Shabir Jumani

Massive hemorrhage & damage control resuscitation

Coordinators: Prof. Qamar ul Hoda, Dr. Asma Salam & Dr. Khalid Samad

Caesarean Section in Valvular Heart Disease : Elective Vs. Emergency

Coordinators: Prof. Rehana Yaseen, Dr. Arshi Naz & Dr. Sobia Khan

Awake Craniotomy & Intra-operative Challenges: How to Handle?

Coordinators: Dr. Faraz Shafiq, Dr. Tanveer Baig & Dr. Bashir Sheikh

TAP Block in Abdominal Surgery : When and Why

Coordinators: Dr. Amim Anwar, Dr. Ali Sarfraz Siddiqui & Dr. Sana Urooj

Persistent Headache after Epidural Analgesia: How to Manage?

Coordinator: Prof. Nur ul Haque, Dr. Shemila Abbasi & Dr. Bushra Saleem

Exhibition Tour

Marquee
11:00 – 11:30 am

Parallel Sessions

11:30 am – 1:00 pm

PSA Debate Forum	Crystal Ballroom 11:30 – 1:00 pm
Co - Chairs: <i>Dr. Khalid Samad & Dr. Nadeem Naqvi</i>	
Morbidly Adherent Placenta : Anaesthesia Management	
Lead & Speakers : <i>Prof. Samina Ismail, Dr. Asiyah Aman & Dr. Saleh Khaskheli</i>	
Deep Vein Thrombosis & Perioperative Management: When & Why?	
Lead & Speakers: <i>Prof. Amin Khuwaja , Dr. Dileep Kumar & Dr. Jamil Khanzada</i>	
Workshops	Marquee 11:30 – 1:00 pm
Coordinators : <i>Dr. Mohammad Hamid & Prof. Nadeem Muneer</i>	
Developing Clinical Guidelines for Resource Limited Setting	
<i>Prof. Gauhar Afshan, Prof. Safia Zafar Siddiqui Prof. Sadqa Aftab & Prof. Aliya Ahmed</i>	
Ultrasound Guided Vascular Access	
<i>Dr. Irfan Akhter, Dr. M. Kashif Iqbal & Dr. Khalid Siddiqui</i>	

Parallel Sessions

1:00 pm – 2:30 pm

Research Session

Crystal Ballroom

Co - Chairs : *Prof. Aftab Imtiaz & Dr. Ahmed Soomro*

1:00 – 2:30 pm

Coordinators : *Prof. Safia Zafar, Dr. Mohammad Sohaib & Dr. Mohsin Nazir*

Moderated Poster Presentation

3 minutes for presentation (one power point slide of poster) and 2 minutes for Question & Answer Session

Judges: *Prof. Nur ul Haq, Dr. Akhtar Aziz Khan & Dr. Iqil Naqvi*

- To determine the frequency of postoperative complications in neurosurgical patients visiting a tertiary care hospital - **Mansoor Chandio**
- Association between low back pain and body mass index in pakistani population; a retrospective audit - **Sidra Javeed, Gauhar Afshan, Ali Sarfraz Siddiqui, Tanveer Baig, Shemila Abbasi**
- Optimal time for removal of laryngeal mask airway in paediatric population; a randomize control trial - **Shumaila abbasi**
- Knowledge, attitude and practices of surgeons regarding need of preoperative anaesthesia fitness of patients coming to tertiary care hospital for elective surgical procedure - **Kainat Khati, Sana Urooj, Safia Zafar Siddiqui**
- Anaesthetic management of a child with huge left mandible Rhabdomyosarcoma using modified nasopharyngeal airway: A case report - **Asiyah Aman, Faraz Shafiq, Irfanul Haque**
- Intrathecal fentanyl for prevention of shivering in spinal anesthesia in cesarean section - **Ramla Indher, Bashir Ahmed, Safia Zafar Siddiqui**
- "The comparison of intravenous paracetamol versus tramadol for postoperative analgesia after adenotonsillectomy in children - a randomized clinical trial - **Sana Badar, Haris Tariq Chohan**
- Incidence of difficult intubation in patients with massive goiter undergoing thyroidectomy - a systematic review - **Jahangir Aneela, Farjad Sultan, Akhtar Aziz Khan**
- Case report on osteogenesis imperfecta - **Dr. Ayisha Tahir and Dr. M Siraj**

Free Paper Presentation

7 minutes for presentation & 3 minutes for Question & Answer Session

Judges: *Prof. Samina Ismail, Prof. Fauzia Ali & Dr. Mohsin Nazir*

- Tuffier's line identification by palpation method: Cross-sectional comparative study among participants with difficult topographic anatomy - **Mehreen Malik, Samina Ismail**
- Comparison of gabapentin and dexamethasone in the reduction of postoperative tramadol consumption and nausea/vomiting in adult patients undergoing lumbar laminectomy - **Sheema Siraj, Fauzia Minai**
- The duration of post-operative analgesia using low dose intravenous ketamine in patients undergoing cesarean section with spinal anesthesia - **Muneeba Arshad, Jameel Akhter**
- Risk factors for failed conversion of labor epidural analgesia to epidural surgical anesthesia for cesarean section: A cross sectional study - **Anam Butt, Asghar Ashraf, Gauhar Afshan**
- The effect of intravenous dextrose administration for prevention of post-operative nausea and vomiting after laparoscopic cholecystectomy, a randomized control trial - **Maria Hashmi, Bashir Ahmed, Safia Zafar Siddiqui**
- Comparison of mallampatti classification thyromental distance and combination of both to predict difficult intubation - **Arif Iftikhar Mallhi, Nighat Abbas, Syed Muhammad Nadeem Naqvi, Ghulam Murtaza, Muhammad Rafique, Syed Sajjad Alam**
- Endotracheal Tube Size And Post operative Sore throat operative sore throat in women: RCT - **Furkan Hyder, Mahar Ali, S. Farjad Sultan**

Workshops

Marquee

1:00 – 2:30 pm

Coordinators: *Dr. Mohammad Hamid & Prof. Nadeem Muneer*

Problem Based Discussion Learning for Clinical cases

Dr. Khalil Shibli, Dr. Ali Asghar & Dr. Saima Rashid

Ultrasound Guided Truncal Blocks

Prof. Safia Zafa Siddiquir, Dr. Robyna Khan, Dr. Azhar Rehman

PSA Karachi Business Session

Crystal Ballroom

2:30 – 3:00 pm

Lunch

Marquee

3:00 – 3:30 pm